

Sticky rice | mango | jasmine sorbet Bee Satongun

Mango mousse in Foi Thong wrapper

45 g sugar

20 g water

3 egg yolk

3 sheets gelatin, soaked

225 g mango juice

3 g lime juice

345 g whipped cream

Thai »angel hair« made from duck egg threads candied in sugar syrup (foi thong)

Sticky rice

150 g Thai sticky rice

155 g cold water

130 g coconut marinade

(see recipe section)

Coconut marinade for sticky rice

125 g coconut milk

75 g sugar

½ tsp salt

Jasmine sorbet

75 g jasmine syrup

500 g water

15 g lemon juice

20 g Trimoline (inverted sugar syrup)

30 g glucose syrup

25 g Procrema (ice cream stabiliser)

1.5 g Super Neutrose

(ice cream stabiliser)

Plating

Fresh mango balls

Wood sorrel leaves

Red oxalis (false shamrock) leaves

Viola flowers

Coconut crumble

Gold dust



Mango mousse in Foi Thong wrapper

Heat the sugar and the water to 120 °C. At the same time, beat the egg yolks in a food processor until very foamy. Drizzle in the hot sugar syrup in a thin stream and continue beating. Dissolve the soaked gelatin in some mango juice and stir in. Then stir in the remaining mango juice and the lime juice a little at a time. Fold in the whipped cream to finish. Seal the bottom of some metal tubes with plastic wrap and stand them up vertically in a container. Pour the mango mousse into the tubes and freeze for several hours. Slightly defrost the metal tubes and remove the frozen mango mousse. Pull some duck egg threads (»angel hair«) apart like kataifi pastry and roll the frozen mouse up in them. Defrost the wrapped mango mousse rolls in the refrigerator.

Sticky rice

Wash the sticky rice in plenty of cold water three times. Place the rice in 155 g cold water and boil until cooked. Mix with the coconut marinade while still warm and leave to stand for 20 minutes. Fill the sticky rice into a silicone mould for hemispheres (1.5 cm diameter) and refrigerate.

Coconut marinade for sticky rice

Bring the coconut milk, sugar and salt to the boil and use it to marinate the sticky rice while still warm.

Jasmin sorbet

Blend the ingredients together while still cold, bring to the boil and leave to cool. Process the cold liquid to make jasmine sorbet in an ice cream maker.

Plating

Place 1 mango mousse in a foi thong wrapper onto each of 4 plates. Place 2 fresh mango balls and 2 sticky rice hemispheres onto each plate. Garnish everything with wood sorrel leaves, red oxalis leaves and viola flowers. Place some coconut crumble on the plates and place 1 quenelle of jasmine sorbet on top. Dust lightly with gold dust to finish.